



735 Longmeadow Street ~ Longmeadow, MA 01106

Phone 413.565.4160 ~ Fax 413.565.4165

Girls Lacrosse Camp with Coach Steve Dudeck

Activity: 1509.401 Monday-Thursday

June 30-July 3

Time: 9am– 3pm at Russell Field

Fee: \$144 per person

Grades 4 thru 7



Days will consist of drills to refine basic skills and scrimmage play. Group will cool off daily at Reynolds pool during the last hour of camp. Bring your stick, mouth guard, and goggles (mandatory) with you to camp each day. Steve Dudeck and members of the Girls Lacrosse team will be instructing this camp.

This Camp is licensed and follows the guidelines of the Massachusetts Department of Public Health and the Town of Longmeadow Board of Health. All participants must provide a current copy of a physical and must be up to date on immunizations.

LPRD is also a peanut, tree nut and latex free environment in response to the increasing number of children with allergies.

Please plan accordingly when sending in a lunch and snack and avoid these products.

To register, please visit www.lprd.net or stop by the Community House.

The Deadline to register for camps is the Wednesday prior to your session at 5pm to avoid a \$10 late registration fee.