



735 Longmeadow Street ~ Longmeadow, MA 01106

Phone 413.565.4160 ~ Fax 413.565.4165

Gymnastics Camp for Girls, Ages 7-13

Activity: 1524.401

Lorrie Rousseau, Director

Monday thru Friday, August 11-15, Community House Auditorium

Time: 9am-3pm

Fee: \$180 per person



*Girls will learn rhythmic gymnastics with hoops and ribbons, tumbling on the mats and have the opportunity to learn routines on the balance beam, the single and uneven parallel bars and the vault. Great opportunity for cheerleaders and dancers to get in shape and learn beginner through intermediate gymnastic level activities. Participants in this camp will swim **Monday through Thursday only** at Reynolds Pool at Bliss Park. Pick up on those days will be at Reynolds Pool. There will be a demonstration for family and friends on Friday afternoon, August 15 at 2pm at the Community House.*

This Camp is Licensed and follows the guidelines of the Massachusetts Department of Public Health and the Town of Longmeadow Board of Health. All participants must provide a current copy of a physical and must be up to date on immunizations. LPRD is also a peanut, tree nut and latex free environment in response to the increasing number of children with allergies.

Please visit www.lprd.net for additional information or to register!

The Deadline to register for camps is the Wednesday prior to your session at 5pm to avoid a \$10 late registration fee.