



735 Longmeadow Street ~ Longmeadow, MA 01106

Phone 413.565.4160 ~ Fax 413.565.4165

Volleyball Camp, Grades 5 thru 9

Monday-Wednesday, August 4-6

9am-2pm at LHS Gymnasium

Fee: \$ 105 per person

Join LHS Varsity Volleyball Coach George Mulry and his players in this high energy, skill packed camp. Players will learn the fundamentals and techniques that make the LHS program so successful. Drills and play will focus on the basic skills of volleyball including serving, passing, hitting, setting, blocking, serve-receive and defense. Players of all levels and positions are encouraged to attend. Please pack a peanut-free lunch and water bottle daily.

There is NO SWIMMING with this camp.

This camp is licensed and follows the guidelines of the Massachusetts Department of Public Health and the Town of Longmeadow Board of Health. Upon registration, all participants must provide a current copy of a physical and must provide proof of up to date immunizations.

LPRD is also a peanut, tree nut and latex free environment in response to the increasing number of children with allergies. Please plan accordingly when sending in a lunch and snack and avoid these products.

Please visit www.lprd.net for additional information or to register!